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[visit CSSWA.org](https://www.csswa.org)



JUNE 2, 2021

Hope on the Horizon

Colorado School Social Work Association
2021 Virtual Summer Conference

Grow stronger with CSSWA as we deepen our understanding of and response to the effects of stress, trauma, marginalization, and anxiety in our students.

*Presented in partnership with the
Colorado Department of Education*

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WELCOME

from CSSWA

The Colorado School Social Work Association is honored to present our first virtual conference for school social workers and school professionals across our state.

As this unprecedented school year comes to a close, we applaud the way in which Colorado school social workers have navigated new and ever-changing challenges as they provide meaningful and vital services for students, families, and communities.

We recognize that our students are also facing new challenges - from increased anxiety and stress stemming from the COVID-19 pandemic to community-wide trauma caused by systems of marginalization, oppression, and racism.

We invite you to attend our 2021 conference, **Hope on the Horizon**, to better understand the needs of our students and the multi-faceted way we must respond to stress, trauma, anxiety, and marginalization in this new world.

Our speakers, who are each trained as social workers and work in Colorado, have a wide range of expertise and are eager to share ways for attendees to build their skills and expand their toolboxes.

CSSWA is proud to co-facilitate this conference with the Colorado Department of Education. We want to extend our heartfelt thanks to Krista Klabo, CDE's School Psychology and Special Education Specialist, for her support and collaboration.

As we pause and reflect on the past year, we also look forward to new beginnings, reunifications, and to create a better world with our students. Please join us to consider how we can help create this world.

With new challenges come new opportunities. Hope is on the horizon.



Warmly,
Maria Huber
President

Cam Short-Camilli
Executive Director

Sheri Olson
Vice President

Liz Lindly
Past President

Dena Joslyn-Custer
Treasurer

Camille Wolfe
Secretary

Rachel Fox Brown
Lead Committee Chair

Jessie Caggiano
Northern Regional Representative

Millie Hopgood
MSW Student Representative

CONFERENCE INFORMATION

Hope on the Horizon

Wednesday, June 2, 2021

8:30 am - 4:15 pm

Various speakers will share their expertise on the topics of stress, trauma, anxiety, and marginalization on students and children.

This virtual conference will be presented as a **Zoom webinar**. All speakers and sessions will be accessible through one Zoom link. Attendees will be able to ask questions through the Q&A feature.

The Zoom link and all conference materials will be sent via email no later than **May 31st**. Please be sure to provide your preferred email address at registration.

To register for Hope on the Horizon, see Page 6 of this brochure or visit csswa.org.

For questions about Hope on the Horizon virtual conference, registration, or CSSWA, please email contact@csswa.org.

CONFERENCE ITINERARY

8:30 - 9:00 Morning Welcome - CSSWA Board

9:00 - 10:00 Keynote Presentation: Impact of Stress on Learning and Behavior - Jessica Pfeiffer

Attendees will be provided a framework for supporting students with disabilities through a developmentally sensitive lens.

10:00 - 10:15 Guided Movement Break 1- Lisa Vratny-Smith

Join for all or part of your break to reset your mind and body through mindful breathing and movement. Accessible for all abilities and experience levels.

10:15 - 11:45 Strategies to Support Regulation - Jessica Pfeiffer

Attendees will learn strategies rooted in the four modes of human regulation and set goals for interventions that meet students where they are functioning.

11:45 - 1:00 Lunch on your Own

1:00 - 1:15 Afternoon Welcome - Krista Klabo, CDE School Psychology and Special Education Specialist

1:15 - 2:30 Impact of Marginalization on Students - Jessica Pfeiffer

Explore the neurodevelopmental lens of implicit bias, understand the impact marginalization can have on the human stress response system, and identify supports for students.

2:30 - 2:45 Guided Movement Break 2 - Lisa Vratny-Smith

2:45 - 4:00 All About Anxiety - Ali Schroer

Attendees will leave with a deeper understanding of the cycle of anxiety, be able to notice anxious students, and have hands-on tools to support students in distress,

4:00 - 4:15 Closing Remarks - CSSWA Board



CONFERENCE RATES & REGISTRATION

Current CSSWA Members: \$75

Non-CSSWA Members: \$125

Includes a one-year state membership (\$50 value)

Affiliate Rate: \$100

Includes a one-year affiliate membership (\$25 value)

Student Rate: \$25

Includes a one-year student membership (\$25 value)

To Register for Hope on the Horizon, follow this link:

<https://csswa.org/event/2021-conference/>

To learn more about CSSWA membership and rates, see page 8 of this brochure.



MEET THE SPEAKERS

Jessica Pfeiffer, LCSW



Jessica Pfeiffer is a ChildTrauma Academy Education Fellow. She has provided trainings, consultations, coaching, and observations to educational systems around the world.

She provides trainings rooted in the Neurosequential Model in Education™ (NME). Jessica focuses on embedding a neurobiological lens in the school setting and providing recommendations and interventions that are developmentally relevant for students. She partners with school districts, day treatment facilities, public and charter schools, early learning centers, and state education entities to create customized engaging trainings and supports.

Jessica is co-host of the podcast, Education Suspended, which focuses on engaging those in conversation who are passionate about evolving our educational system. She is currently a student at the University of Colorado, Denver, working towards a Doctorate of Clinical Psychology in School Psychology. She completed her undergraduate degree in Social Work at Wartburg College in Waverly, Iowa. She received her Master of Social Work degree and Animal Assisted Social Work Certificate from the University of Denver.

Ali Schroer, LCSW



Ali Schroer specializes in working with children, adolescents, families and adults in her private practice, Schroer Counseling and Consulting, LLC. Prior to starting her private practice, Ali worked at Children's Hospital Colorado in the inpatient/partial hospitalization program as well as in the outpatient clinic. At Children's, Ali created the outpatient anxiety groups manual based on the CBT Coping Cat (R) curriculum and was a co-leader of the Anxiety Intensive Outpatient program.

Currently, Ali dedicates her professional time to her patients as well as serving as an adjunct professor at the University of Denver in the Graduate School of Social Work. Additionally, Ali has a passion for mental health awareness and provides consults and presentations to organizations across the nation.

Lisa Vratny-Smith, MSW, E-RYT 200



Lisa holds a Master of Social Work from the University of Denver and has been a School Social Worker since 1994 in Aurora Public Schools. She currently serves as a Sustainable Wellness Coach for the school district combining her social work, yoga, and meditation training to support staff and students with their overall wellness.

Lisa has been practicing yoga, mindfulness, and meditation since 1994 and teaching since 2002. She is trained in Classical Hatha Yoga, Prenatal Yoga, Radiant Child Yoga, and Young Yokes Kids Yoga. She is also a Trained Teacher of Mindful Self-Compassion. Additionally, Lisa is a Reiki Master and Certified Practitioner of High Touch@ Jin Shin.

CSSWA MEMBERSHIP

CSSWA exists to promote the visibility and viability of the school social work profession in the state of Colorado.

Members enjoy access to leadership, networking, advocacy, and professional development opportunities. Strong membership allows CSSWA to advocate more robustly to policymakers and stakeholders for the needs of, resources for, and support of school social workers in Colorado.

CSSWA is an affiliate of the [School Social Work Association of America](#).

Annual Membership Rates

- Dual CSSWA & SSWAA - \$135.00
- Active (CSSWA only) - \$50.00
- Retired - \$35.00
- Student - \$25.00
- Affiliate - \$25.00

To learn more and to join CSSWA, visit

<https://csswa.org/product/csswa-membership/>

Be sure to check out our [online store](#) for Colorado school social work apparel and merchandise.

