



## Colorado Behavioral Health and Wellness Summit Request for Proposals

**Proposal submission deadline: Sunday, June 2, 2019 at 11:59pm**

### INTRODUCTION

The Colorado Behavioral Health and Wellness Summit is currently seeking proposals for keynote and workshop presentations on relevant and/or emerging topics on the behavioral health field including substance use and wellness programming. The Summit will engage the Colorado community to break down silos statewide and to bridge gaps in communication and collaboration. Additionally, the Summit will feature a series of workshops and trainings focused on the LGBTQ+ community. To facilitate these conversations, we are honored to invite you to submit a proposal to share your expertise at the Colorado Behavioral Health and Wellness Summit.

The Summit is scheduled **October 21-25, 2019**, in Denver, Colorado, on the campus of the University of Denver.

The vision of the Summit is to provide a space to discuss strategies to address the intersection of substance use, mental health, and wellness. Proposals addressing the needs of marginalized populations are strongly encouraged.

***Key themes for the Summit are: Awareness and Education; Training and Skills; and Policy, Advocacy and Action.***

#### A. Awareness and education

- Stigma
- Disparities/equities
- Scope and impact
- Shared language
- Signs and symptoms

#### B. Training and Skills

- Emerging and best practices in prevention, education, diagnosis, treatment and recovery
- Training new practitioners and/or educators
- Culturally responsive approaches
- Priority populations
- Integrative or collaborative approaches

#### C. Policy, Advocacy and Action

- Current initiatives and approaches
- Asset building
- Community-based approaches
- Health care coverage- challenges & opportunities
- Leveraging data

The list of potential topics is limited only by your ingenuity and experiences. Nevertheless, here are examples of presentations topic areas.

**Examples of presentation topics areas include:**

- Cultural Competency Training for Providers
- Reducing Stigma and Prejudice
- Consequences of Minority Stress
- Intersectionality of Cultural and Marginalized Communities
- Peer Perspective – Personal Stories of Hope and Resilience
- Suicide Prevention
- Expanding Community Connections and Resources – A Statewide Network
- Insurance Access and Parity
- Providing Telehealth Services to Rural and Isolated Colorado Communities
- Spirituality and Faith – Supporting Behavioral Health Outcomes
- Responding to the Growing Concerns of Religious Exemptions for LGBTQ+ Individuals
- How to Have the Talk – Helping Others Find Help
- Healthcare Literacy – Understanding What to Ask and Say When Talking to a Provider
- Addressing LGBTQ+ Youth Concerns including Young People in Recovery and Homelessness
- Recruiting and Retaining Culturally Competent Providers
- Family and Youth Engagement in the Behavioral Health System
- Impact of Violence on the LGBTQ+ Community
- Interconnected Systems Framework
- Integrated Service Models
- Inter-agency Collaborations
- Enhancing LGBTQ+ Cultural Competence in a Primary Care Setting
- Mindfulness, Yoga, and Meditation
- Motivational Interviewing/Counseling
- Health and Wellbeing of the Transgender Community
- Positive Behavioral Interventions and Supports
- Policy and Legal Implications of Behavioral Health
- Culture and Identity – Celebrating LGBTQ+ Diversity
- School Climate/Safety
- Adverse Childhood Experiences
- Trauma-informed Practices
- Universal Screening
- Social Determinants of LGBTQ+ Health
- Expanding LGBTQ+ Specific Care to the Aging

Speaker fees and travel expenses are generally not covered for workshop presentations.

**All proposal submissions MUST be submitted by Sunday, June 2, 2019 at 11:59pm, in order to be considered for the Colorado Behavioral Health and Wellness Summit 2019.**

Thank you for preparing a proposal for **Colorado Behavioral Health and Wellness Summit**. As part of your proposal submission, you will be asked to provide a detailed outline of your proposed session, as well as some information about the audience the proposal would attract.

## Colorado Behavioral Health and Wellness Summit

Proposals will only be accepted through the electronic survey: <https://tinurl.com/y3l9htnb>

**\*\*\*Please read through the following RFP information before beginning the proposal form.\*\*\***

### **Required Information**

**Presenter(s):** Name of presenter(s); title and affiliation/organization; contact information

**Presenter(s) resume/CV** (required for offering CEU/CME credit purposes).

**Themes:** This submission to be considered for the following conference theme. (select one of the following)

- Awareness and education
- Training and skills
- Policy, advocacy and action

**Intended audience(s)** (check all that apply):

- Treatment providers
- Children and youth (K-12)
- College students
- Health and wellbeing of Colorado citizens
- LGBTQ+
- Policymakers and regulators
- Behavioral health and social work field
- Healthcare field
- Educators
- Researchers
- Other

**Title:** Enter the full title of your presentation. Please make your title as descriptive as possible to give attendees a good idea about the subject matter (limit to 15 words).

**Abstract:** Brief description of the presentation, what audience members will learn, and how the presentation aligns with improving the mental health and wellness for Colorado residents (limit 200 characters).

**Summary:** A very brief description of your presentation to be included in the summit program. This summary is important so attendees can decide if they wish to attend or view your session (limit to three sentences).

**Objectives:** Three learning objectives with the content of each objective briefly outlined and how they relate to the themes. Programs should have at least three (3) learning objectives for each hour of learning time. [Click here to learn more.](#)

**Session format:** (insert box please select one of the following)

- Presentation
- Panel
- Interactive workshop
- Training
- Other:

**Would you like to offer Continuing Education Units/Continuing Medical Education credits?**

**Research citations** (if applicable):

**Content matching:** If there are programs with similar content to your proposed session, would you be willing to combine programs with another presenter?

## **REVIEW PROCESS**

A planning committee for the Colorado Behavioral Health and Wellness Summit will review all proposals. Presentations will be selected based on topic, relevance to conference theme, speakers' qualifications on the topic, and intended audience. The committee will send notification by email to the presenters of acceptance or rejection. The main presenter will be responsible for notifying others participating in the program of the outcome. All applicants will be notified of the status of their submissions by July 1, 2019.

Submit your proposal for the **Colorado Behavioral Health and Wellness Summit** electronically through the CBHWS electronic survey: <https://tinyurl.com/y3l9htnb>

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